## Fly Badminton Club Monthly Sessions



**Description:** Experience the world of Badminton and train with former USA National Badminton Team member, Nikki Vered. Nikki brings over 30+ years of player/coaching experience and has produced multiple International/National champions. This program is designed to provide quality badminton training in a fun and safe environment. You will learn the basics and fundamentals of Badminton, strategies and gameplay, as well as advanced technical skills, while at the same time exhibiting court etiquette and sportsmanship. Come join a fun, friendly, and competitive program that accepts all levels from Beginners to Advanced.

Ages: 6 to 18 years old.

Date/Time: Program runs monthly. Every Friday from 5:00 PM to 6:30 PM

**OR** 6:30 PM to 8:00 PM.

1

Location: L.P. Wilson Community Center Gymnasium

Materials/Supplies Needed: Please bring your own equipment.

Price: \$80/month.



Windsor Recreation A division of Recreation & Leisure Services (860) 285–1990

LP Wilson: 599 Matianuck Avenue, Windsor CT townofwindsorct.com/recreation/